

Date / Tithi (Lunch/Dinner)	Event	Time	Evening Pratikramana	Venue
Thu 25 Aug, Vad 11	Paryushan Pravachan	19:30-22:00	18:30-19:30	<b>Banquet Room A, Kingston Arts Centre 979 Nepean Hwy, Moorabbin Melway: 77 D5.</b> PT: Moorabbin Station
Fri 26 Aug, Vad 12	Paryushan Pravachan	19:30-22:00	18:30-19:30	
Sat 27 Aug, Vad 13 <b>L - 12:15 - 13:15▲</b> <b>D - 16:45 - 17:45▲</b>	Samoochik Asthprakari Pooja	10:00-12:00	18:30-19:30	<b>Brighton Town Hall Cnr Carpenter &amp; Wilson Sts Brighton Melway Ref 67 F10</b> PT: Middle Brighton Train Station Hall within walking Distance
	Paryushan Pravachan	13:30-16:30		
	Bhavna / Aarti	19:30-21:00		
Sun 28 Aug, Vad 14 <b>L - 11:45 - 12:45▲</b> <b>D - 16:45 - 17:45▲</b>	Paryushan Pravachan	10:00-11:30	18:30-20:30	<b>PAKKHI PRATIKRAMANA</b>
	Mahaveer Janm Kalyanak Mahotsav (14 Swapna)	13:00-16:30		
Mon 29 Aug, Vad 15	Paryushan Pravachan	19:30-22:00	18:30-19:30	<b>Banquet Room A, Kingston Arts Centre 979 Nepean Hwy, Moorabbin Melway: 77 D5.</b> PT: Moorabbin Station
Tue 30 Aug, Sud 1	Paryushan Pravachan	19:30-22:00	18:30-19:30	
Wed 31 Aug, Sud 2	Paryushan Pravachan	19:30-22:00	18:30-19:30	
Thu 1 Sep, Sud 4	Gnan-Puja (Ashta-prakari Pooja of Kalpasutra)	07:30-08:30	-	3 Rice St, Moorabbin
	<b>SAMVATSARI PRATIKRAMANA START – 13:00 SHARP</b>	<b>13:00-17:30</b>		<b>Moorabbin Town Hall 979 Nepean Hwy, Moorabbin Melway: 77 D5.</b> PT: Moorabbin station
	Arti/Mangal Divo/Angi Darshan at Derasar	19:00-21:00	-	3 Rice St, Moorabbin
Fri 2 Sep, Sud 5 <b>B – 08:00 - 09:30▲</b>	Samooch Parna & Navkarshi	08:00-09:30		<b>Masonic Hall - 124-126 Rowans Road, Moorabbin, MelwayRef 77, H7</b> Let us know for pickup facility ( <b>Highett</b> Station - Frankston line).

### DAILY MORNING & EVENING PRATIKRAMANA 25th to 1st September

- **South Eastern Suburbs:** All Days between 6:00 to 7:00 at Nitin Doshi's residence - 3, Rice St, Moorabbin. Evening Pratikramana – refer above programme.
- **Eastern Suburbs:** Evening Pratikramana (Weekdays) at Miten Shah's residence - 6/304 Tooronga Road, Glen Iris, VIC 3146. Please call Miten on 0433 370 189 to confirm. Melway Ref 59, F6
- **Western Suburbs:** Morning & Evening Pratikramana (All Days) at Niraj & Ripal Shah's Residence - 18 Sovereign Retreat Hoppers Crossing. Please call Ripal on 0409 384 489 to confirm. Melway 202 E11
- **Northern Suburbs:** Morning & Evening Pratikramana (Weekdays) at Dhaval & Siddhi Mehta's Residence – 78A Copernicus Way Keilor Downs. Please call Dhaval on 0401 559 892 to confirm. Melway 14 A6

### DAILY EARLY EVENING PRATIKRAMANA FOR YOUNG MOTHERS

- 25<sup>th</sup>, 26<sup>th</sup>, 29<sup>th</sup> 30<sup>th</sup>, 31<sup>st</sup> Aug at 3 Rice St, Moorabbin from 17:15 to 18:15. 27<sup>th</sup> Aug at Brighton Town Hall from 17:00 to 18:00.
- 28<sup>th</sup> Aug (Pakkhi) at Brighton Town Hall from 17:00 to 18:30.
- 1<sup>st</sup> Sep Samvatsari Pratikramana at Brighton Town Hall from 11:30 to 13:30.

**▲ APPROPRIATE MEAL WILL BE PROVIDED.**

**TO HELP US PLAN MEALS, PLEASE RSVP ON OUR WEBSITE – [www.melbournejainsangh.org](http://www.melbournejainsangh.org)**

### FOR UP TO DATE INFORMATION PRIOR TO EVENT

Please visit us on [www.melbournejainsangh.org](http://www.melbournejainsangh.org). You can also view the pachchakhkhan and daily sunrise, navkarshi, sunset timings there.

**THIS PROGRAMME IS ORGANISED BY  
MELBOURNE SHWETAMBER JAIN SANGH Inc.  
ALL ARE INVITED AND ENCOURAGED TO ATTEND.**

### GENERAL NOTES:

#### **Daily Pratikramana:**

- During the Paryushan, ideally one shall perform 17 Pratikramanas - Morning & evening Pratikramana during the 8 days of Paryushan and morning Pratikramana on Friday, 2<sup>nd</sup> September.
- Anyone performing evening Pratikramana can't eat after sunset.
- Anyone performing morning pratikramana must have stopped eating prior to sunset on previous day.

#### **General Notes about Food during Paryushan:**

- During Paryushan, one shall confine food intake between Navkarshi & Sunset time and avoid eating root vegetables (& possibly green vegetables as well).
- Anyone performing any tapasya (Ekasanu, Biyasanu, Upvas, Aayambil) must drink boiled water and food between Navkarshi & Sunset time only. It is also important to take appropriate pachchakhkhan

### Event Specific Notes:

- **Boiled Water:** For every event, arrangement will be made for boiled drinking water for those who are fasting (Ekasanu, Biyasanu, Upvas, Aayambil).
- **Katasana and other gears:** Please bring your own katasana and other things those who have. We have made arrangements for all those who do not have.

- **Donations:** Members wishing to take opportunity to provide prabhavna, meal sponsorships, hall sponsorships, sangh poojan or any other donations, please email to [finance@melbournejainsangh.org](mailto:finance@melbournejainsangh.org) or contact Himesh Doshi on 0402 554 953 at finance counter on the day of event.

**Management committee reserves the right to amend any of the above programmes, should circumstances change, without advance notice.**

**Please Note – During Paryushan Derasar will be open from 5:30 AM for pooja.**

### CONTACT DETAILS OF COMMITTEE

<b>Kunal Karnavat</b>	(H) 9580 3478 (M) 0400 430 439
<b>Nilay Shah</b>	(H) 9013 0287 (M) 0433 108 943
<b>Himesh Doshi</b>	(H) 9038 8316 (M) 0402 554 953
<b>Bhavik Shah</b>	(H) (M) 0430 068 396